



ALL BOROUGH CONSTRUCTION SAFETY TRAINING

ABCST provides safety training to construction industry personnel. From New York City Department of Building approved courses to OSHA training, ABCST educates workers about Federal and State safety regulations. Our curriculum and trained instructors provide students with the certifications and licenses required to work on major projects in the greater New York City area.

CRANES & DERRICK COURSES

- 16-Hour Rigging Worker
- 8-Hour Rigging Worker Refresher
- 32-Hour Rigging Supervisor
- 16-Hour Rigging Supervisor Refresher
- 8-Hour Master Rigger Renewal
- 40-Hour Hoisting Machine Operator
- 8-Hour Hoisting Machine Operator Refresher

SAFETY COURSES

- 40-Hour Site Safety Manager
- 8-Hour Site Safety Manager Refresher/Chapter 33
- 8-Hour Site Safety Coordinator

SCAFFOLD COURSES

- 4-Hour Supported Scaffold User & Refresher
- 32-Hour Supported Scaffold Installer & Remover
- 8-Hour Supported Scaffold Installer & Remover Refresher
- 16-Hour Suspended Scaffold User
- 32-Hour Suspended Scaffold Supervisor
- 8-Hour Suspended Scaffold Supervisor Refresher

SITE SAFETY TRAINING (SST) PRESCRIBED COURSES

- 2-Hour Site Safety Plan (SSP)
- 2-Hour Drug and Alcohol Awareness
- 2-Hour 'Tool Box' Talks
- 4-Hour Fall Prevention
- 4-Hour Supported Scaffold User and Refresher
- 8-Hour Fall Prevention



248 West 35th Street, 8th Floor
New York, NY 10001

1.877.320.1644
info@abc-safetytraining.com
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SITE SAFETY TRAINING (SST) GENERAL ELECTIVE COURSES

- 1-Hour Electrocution Prevention
- 1-Hour Fire Protection and Prevention
- 1-Hour First Aid and CPR
- 1-Hour Handling Heavy Materials and Proper Lifting Techniques
- 1-Hour Hoisting and Rigging
- 1-Hour Materials Handling, Storage, Use, and Disposal
- 1-Hour Protection from Sun Exposure
- 1-Hour Repetitive Motion Injuries
- 1-Hour Stairways and Ladders
- 1-Hour Tools - Hand and Power

SITE SAFETY TRAINING (SST) SPECIALIZED ELECTIVE COURSES

- 1-Hour Asbestos/Lead Awareness
- 1-Hour Confined Space Entry
- 1-Hour Concrete and Masonry Construction
- 1-Hour Cranes, Derricks, Hoists, Elevators, and Conveyors
- 1-Hour Demolition Safety
- 1-Hour Ergonomics
- 1-Hour Excavations
- 1-Hour Flag Person
- 1-Hour Job Hazard Analysis
- 1-Hour Personnel Lifts/Aerial Lifts/Scissors Lifts and Mobile Scaffolds
- 1-Hour Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades
- 1-Hour Risk Assessment and Accident Investigation
- 1-Hour Scaffolds - Suspended
- 1-Hour Steel Erection
- 1-Hour Welding and Cutting
- 1-Hour Health and Safety Programs in Construction
- 2.5-Hour Foundations for Safety Leadership

HEALTH AND SAFETY COURSES

- CPR/AED for Community and Workplace (Adult, Child and Infant)
- Basic First Aid
- Basic Life Support For Healthcare Providers
- Pediatric First Aid CPR AED course
- Bloodborne Pathogens



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